

THE
LOCAL
EST 2010

MENU

BREAKFAST 9am-2:30pm

Eggs Florentine-wilted spinach, poached eggs, english muffin, hollandaise sauce **£8.50**

Eggs Royale, smoked salmon, poached eggs, English muffin, hollandaise sauce **£10.50**

Eggs Benedict-cured ham, poached eggs, english muffin, hollandaise sauce **£9.50**

French toast, crispy bacon, blueberry compote, greek yoghurt, maple syrup **£9.50**

Smashed avocado and chilli on sourdough toast, poached eggs **£8.50**

Cumberland sausage bap, fried onions **£8**

Bacon and fried egg bap **£8**



SANDWICHES 9am-2:30pm

CIABATTAS -SERVED WITH SIDE SALAD AND CRISPS

Roast beef, watercress & horseradish **£8.50**

Honey Glazed ham, english mustard, red onion chutney **£8**

Plaice goujons, tatar sauce **£7.50**

Mozzarella, tomato, roast pepper and pesto **£7**

STARTERS SMALL PLATES

from 12pm

STARTERS & SMALL PLATES

Focaccia & olives, tapenade, olive oil & balsamic **£6**

Soup of the day, fresh bred and butter **£7.50**

Crispy chilli beef, watercress & beansprouts salad **£8**

Sweet soy glazed pork belly, asian slaw, roasted peanuts **£8.50**

Cured salmon, beetroot carpaccio horseradish cream, dill oil **£9**

Fritto misto, selection of tempura meats, veg, fish with garlic aioli **£9**

Salt & pepper prawns sriracha mayo **£8**

Pea & truffle arancini, parmesan cream **£8**

Antipasti plate- cured meats, olives focaccia **£9**

Humus & pitta bread **£6**

MAIN MENU

from 12pm

BURGERS

Smashed beef burger 2 patties, cheese, onions & salad, burger sauce **£18.50**

Buttermilk chicken burger, american style cheese, bbq sauce **£18**

Portobello mushroom stuffed with halloumi, avocado sriracha mayo **£16.50**

Served with hand cut chips & fresh slaw

FISH

Plaice goujons, hand cut chips, minted peas puree, tartare sauce **£17**

Breaded scampi, hand cut chips, minted peas puree, tartare sauce **£17**

PASTA

Sweet potato agnolotti, charred leeks & asparagus, sage cream **£17**

PIES

Pie of the day served with creamy mash, seasonal vegetables and rich gravy **£18**

PUB CLASSICS

Liver & bacon served with bubble & squeak, season vegetables and a rich gravy **£16**

Ham & Egg with hand cut chips and peas **£16**

SIDES

Hand cut chip **£7**

Truffle & parmesan fries, garlic aioli **£7.50**

Fries with cheddar cheese & crispy bacon **£7.50**

Seasonal vegetables **£6**

Beer battered onion rings **£5**

Tarragon buttered new potatoes **£5**